

CIAE Nutri-BAR

Utility

Multi-Nutrient Bars are high nutrient baked products developed at the Central institute of Agricultural Engineering and can provide an easy way out of the dilemma of choosing between health and taste. The snack contains ingredients from almost every food group and is sweetened with healthy natural sweeteners like jaggery. It substantially contributes to our daily requirement of energy, protein and minerals and also provides added advantages of phenolics and antioxidants. Apart from this, the combination of fresh and dry fruits leaves a pleasant taste on the tongue. This snack can be used to satisfy "between the meals hunger and also act as "quick bite" during travel.



Salient features

- High in energy and proteins.
- Good source of minerals, phenolics and antioxidants.
- Easy to store carry and consume
- High satiety value.
- Healthy substitute to sweet and savory snacks.
- No artificial/synthetic/chemical based binders.

Commercialization Status: Ready for Commercialization

Proposed stakeholders: Bakery and Confectionary industries, Health and fitness clubs, 4 Nutraceutical industries, Mountaineering and hiking clubs, Anganwadis and mid-day meal schemes

Head, Technology Transfer Division

ICAR-Central Institute of Agricultural Engineering, Bhopal-462038

Telephone: +91-755-2521133, 2521134

E-mail: directorciae@gmail.com, headtttd@gmail.com Website: <https://ciae.res.in>